



building  
**a perfect  
meal**



Michelle Tchea

# Building a Perfect Meal

By Michelle Tchea

ISBN

978-981-4351-57-7

Publication date

Nov 2011

Retail Price

S\$28.00 before GST

Format

255 x 210 mm (P) / 144 pp / PB

Category

Cuisine

Territories & Rights

World / All languages

Imprint

Marshall Cavendish Cuisine

- Superb range of recipes for everyday dining and entertaining
- Includes recipes for breakfast, sandwiches and tapas, larger meals and sweets and desserts
- Recipes are clearly written in easy to follow step-by-step format
- Cooking tips are included where applicable to ensure success in the kitchen
- Perfect for new cooks and those looking for new recipe ideas
- Includes a comprehensive glossary of ingredients

## About the Book

*Building a Perfect Meal* offers you a two-throng approach to becoming the home chef you have always wanted to be! With basic recipes to help you hone and perfect your cooking skills, you can then move on to preparing party-perfect recipes that you can entertain friends with!

Forget about recipes that are filled with confusing cooking jargon such as julienne, streusel, deglaze and parboil. The recipes in this book keeps it simple by saying it as it is, so you can cook, eat and enjoy your food without the fluff!

## About the Author

Michelle Tchea is a food and travel writer based in Melbourne, Australia. She writes for a wide range of food magazines, health magazines and luxury travel publications in Asia Pacific and North America.

### PUBLISHED BY

**Marshall Cavendish International (Asia) Pte Ltd**  
Times Centre, 1 New Industrial Road, Singapore 536196.  
Tel: (65) 6213 9300  
Fax: (65) 6285 4871  
Email: [genrefsales@sg.marshallcavendish.com](mailto:genrefsales@sg.marshallcavendish.com)  
Online Bookstore: [www.marshallcavendish.com/genref](http://www.marshallcavendish.com/genref)

### DISTRIBUTION SALES

**Janine Gamilla**  
Tel: (65) 6213 9327  
Email:  
[janinegamilla@sg.marshallcavendish.com](mailto:janinegamilla@sg.marshallcavendish.com)  
m

### MARKETING

**Tammy Rip**  
Tel: (65) 6213 9314  
Email:  
[tammyrip@sg.marshallcavendish.com](mailto:tammyrip@sg.marshallcavendish.com)